

A dark, atmospheric photograph of the Space Shuttle Challenger during its ascent. The shuttle is angled upwards from the bottom left towards the top right, with its white solid rocket boosters and orange external tank clearly visible. The background is a deep, dark blue-black, suggesting the vastness of space. The lighting is dramatic, highlighting the metallic surfaces of the orbiter and the structure of the boosters.

Astronauts
Christina Koch & Jessica Meir
Reflect on the first All-Woman
Spacewalk

1
00:00:18,150 --> 00:00:15,749
those that paved the way for us to be

2
00:00:20,870 --> 00:00:18,160
where we are today we just have just the

3
00:00:22,950 --> 00:00:20,880
utmost appreciation for them and i think

4
00:00:25,509 --> 00:00:22,960
we just pay homage to the fact that they

5
00:00:28,300 --> 00:00:25,519
allowed us to do what we do today and to

6
00:00:33,190 --> 00:00:28,310
achieve the dreams that we have

7
00:00:37,350 --> 00:00:35,270
it was really an incredible experience

8
00:00:39,430 --> 00:00:37,360
and it's difficult to put it into words

9
00:00:40,790 --> 00:00:39,440
the mixture of emotions and feelings

10
00:00:42,709 --> 00:00:40,800
that you have when you're going out the

11
00:00:44,470 --> 00:00:42,719
door the first time but i will never

12
00:00:46,869 --> 00:00:44,480
forget that moment coming out the hatch

13
00:00:48,630 --> 00:00:46,879

and looking down and seeing just my

14

00:00:51,270 --> 00:00:48,640

boots and the earth below and it was

15

00:00:53,189 --> 00:00:51,280

such a spectacular and beautiful sight

16

00:00:54,549 --> 00:00:53,199

it was really quite overwhelming and we

17

00:00:55,990 --> 00:00:54,559

went out and did the job that we had to

18

00:00:58,790 --> 00:00:56,000

do and we're lucky enough to have some

19

00:01:01,029 --> 00:00:58,800

time to enjoy the view as well

20

00:01:03,270 --> 00:01:01,039

i've definitely drawn encouragement from

21

00:01:05,270 --> 00:01:03,280

mentors that i can see reflections of

22

00:01:07,510 --> 00:01:05,280

myself in throughout my life and so

23

00:01:09,510 --> 00:01:07,520

recognizing that we may be offering that

24

00:01:11,990 --> 00:01:09,520

for future space explorers or explorers

25

00:01:14,460 --> 00:01:12,000

of any kind or anyone pursuing a dream

26

00:01:19,590 --> 00:01:14,470

was definitely a privilege and an honor

27

00:01:23,350 --> 00:01:21,670

i think that we do recognize it is a

28

00:01:26,390 --> 00:01:23,360

historical achievement it does carry a

29

00:01:28,550 --> 00:01:26,400

lot of weight to other people and for us

30

00:01:30,550 --> 00:01:28,560

you know when we see that many times in

31

00:01:33,109 --> 00:01:30,560

our lives it does make a difference if

32

00:01:35,190 --> 00:01:33,119

somebody can identify with somebody

33

00:01:36,870 --> 00:01:35,200

something about them something some kind

34

00:01:38,950 --> 00:01:36,880

of shared experience with them whether

35

00:01:41,109 --> 00:01:38,960

it's something similar to their

36

00:01:42,870 --> 00:01:41,119

background or experiences or what they

37

00:01:45,830 --> 00:01:42,880

look like or the fact that they have

38

00:01:48,310 --> 00:01:45,840

long curly brown hair who knows if some

39

00:01:50,230 --> 00:01:48,320

sometimes that makes it easier to have

40

00:01:52,690 --> 00:01:50,240

an inspiration have a connection and

41

00:01:57,749 --> 00:01:52,700

motivation for something great

42

00:02:02,709 --> 00:02:00,469

we're in sort of a new chapter now where

43

00:02:04,789 --> 00:02:02,719

we've crossed that line and now two

44

00:02:06,630 --> 00:02:04,799

women have done it and so hopefully

45

00:02:08,229 --> 00:02:06,640

it'll become commonplace and it won't

46

00:02:17,690 --> 00:02:08,239

even necessarily be something that's a